



**Carers
& Communities**
Navigating Life's Journeys

Many people care for a loved one who need extra support because of an illness, condition or disability.

If you provide that support, you are a carer and Carers & Communities are here to help.

We're supporting Carers Week

8-14 June 2026

Find out more about how you can support us this Carers Week:

Scan the QR code to visit our blog and access resources, our carers week events calendar and support available for carers.



**Helpline:
0300 012 4272**

**Carers & Communities
Polysec House,
Hindlip Lane,
Worcester WR3 8TJ.**



Carers & Communities website



Donate here

Building Carer Friendly Communities