

EVENTS SCHEDULE

APR 2026



07
Tue

Legal & Financial 10:30am - 12:30pm Droitwich Spa + ONLINE

Join Solicitor Chris Milne and Carers & Communities for all the essentials we'll need including: Wills, Lasting Powers of Attorney, Trusts, Living Wills, Tax planning and home ownership.

[BOOK HERE](#)



15
Wed

Dementia Toolkit for Carers 10:30am - 12:30pm Redditch + ONLINE

Join Carers & Communities and the experts to cover the different types of Dementia, seeing the person behind the disease. We cover coping strategies and how to live with someone with Dementia while looking after yourself.

[BOOK HERE](#)



16
Thu

Carers Essentials 10:00am - 11:00am ONLINE

This session is an introduction to some of the ways carers can begin to access practical help and support.

[BOOK HERE](#)

Benefits Caring Matters 10:00am - 1:30pm ONLINE

Benefits explained and all your questions answered by an expert from Society Matters CIC.

[BOOK HERE](#)



21
Tue



29
Wed

Therapeutic Writing Sessions for Carers 10:00am - 12:00pm ONLINE

[BOOK HERE](#)

These **NEW** monthly online sessions are a gentle, nurturing space designed especially for carers - anyone supporting a loved one or person in need. You don't need to be an experienced writer to take part; simply being present with others who understand some of what you experience is enough.

Next event topic: Our Inner Weather
Theme: *Emotional awareness & expression*

We all have days that feel sunny, stormy or somewhere in between. In this session, we'll explore how emotions show up through images, like weather or landscapes, helping us see them clearly without pressure. It's a gentle way to put feelings into words and notice what's going on inside.